



Real people.

I learned it's not too late to get the flu shot.

"I'm 74 and have a granddaughter who wants me to see her graduate college next Spring. My heart disease means the flu could be even worse for me than others. So, I kept trying until I got my shot. My doctor said even January isn't too late to get vaccinated."

**An average of 36,000 people die each year from the flu— most are 65 years of age or older.**

- If you are at high risk, get your flu shot now. Call your state or local health department for locations near you.
- Flu season often peaks in February. Get your flu shot as soon as possible. A flu shot in January may still help you avoid the flu.
- A flu shot is your best protection against the flu.

Real solutions.

It's not too late – get your flu shot now.

Visit [www.cdc.gov/flu/](http://www.cdc.gov/flu/)

Call 800-CDC-INFO; TTY: 800-243-7889

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